

**Ruston Christian Childcare and Preschool  
Menu B**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Special K Banana Milk	Wheat waffles/syrup Peaches Milk	Chex Cereal Orange slices Milk	Pancakes/syrup Fruit cocktail Milk	Corn flakes Bananas Milk
<b>Lunch</b>	Ravioli with ground turkey Tomato sauce Slice of bread Fruit cocktail Milk	Grilled cheese on wheat bread Celery Ranch dressing Pears Milk	Pepperoni Pizza: tomato sauce, two cheeses on English muffin Green salad Ranch dressing Pineapple Milk	Chicken nuggets Slice of bread Steamed veggies Peaches Milk	Turkey, cheese & mayo on wheat bread Broccoli Ranch dressing Apple slices Milk
<b>PM Snack</b>	Graham crackers Apple juice	Pretzels Orange juice	Cheerios, Rice chex, Marshmallows Milk	Ritz crackers String cheese Water	Animal crackers Milk

